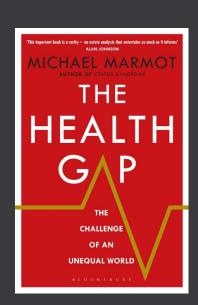
Tools for educating yourself to join the fight against racism

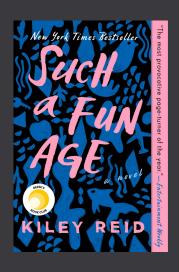
## THE IMMORTAL LIFE OF HENRIETTA LACKS

-Book By Rebecca Skloot
A riveting story of the collision
between ethics, race, and
medicine; of scientific discovery
and faith healing; and of a
daughter consumed with
questions about the mother she
never knew.



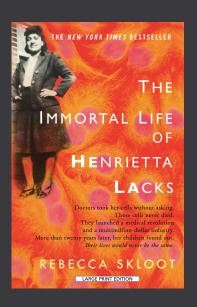
## LIVING UNDOCUMENTED

-Documentary
The fates of undocumented
families are like a rollercoaster as the United States'
immigration policies are
transformed.



## THE NEW JIM CROW: MASS INCARCERATION IN THE AGE OF COLORBLINDNESS

-Book By Michelle Alexander
A stunning account of the rebirth of a
caste-like system in the United States, one
that has resulted in millions of African
Americans locked behind bars and then
relegated to a permanent second-class
status—denied the very rights supposedly
won in the Civil Rights Movement..



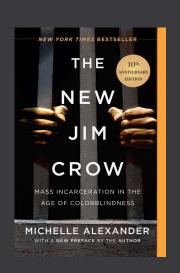
## THE HEALTH GAP: THE CHALLENGE OF AN UNEQUAL WORLD

-Book By Michael Marmot
In Baltimore's inner-city
neighborhood of Upton/Druid
Heights, a man's life expectancy
is sixty-three; not far away, in the
Greater Roland Park/Poplar
neighborhood, life expectancy is
eighty-three.



#### SUCH A FUN AGE

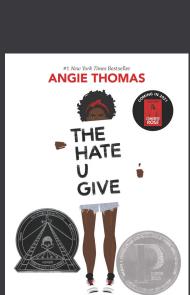
-Novel By Kiley Reid It tells the story of a young black woman who is wrongly accused of kidnapping while babysitting a child, and the events that follow it.



Educating yourself and becoming more self-aware

#### THE VANISHING HALF

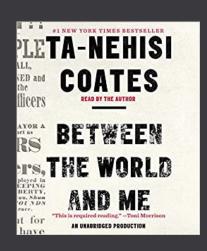
-Book By Brit Bennett
Looking well beyond issues of race,
The Vanishing Half considers the
lasting influence of the past as it
shapes a person's decisions, desires,
and expectations, and explores some
of the multiple reasons and realms in
which people sometimes feel pulled
to live as something other than their
origins.



Absolutely riveting! JASON REYNOLDS

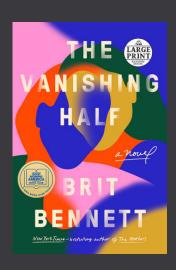
#### SO YOU WANT TO TALK ABOUT RACE

-Book By Ijeoma Oluo
Each chapter title is a question
about race in contemporary
America. Oluo outlines her
opinions on the topics as well
as advice about how to talk
about the issues.



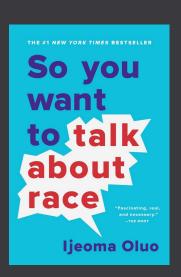
#### CODE SWITCH

-Podcast A race and culture outlet and a weekly podcast from American public radio network NPR.



#### THE HATE U GIVE

-Novel By Angie Thomas
Starr Carter is constantly switching
between two worlds -- the poor, mostly
black neighborhood where she lives
and the wealthy, mostly white prep
school that she attends. The uneasy
balance between these worlds is soon
shattered when she witnesses the fatal
shooting of her childhood best friend
at the hands of a police officer. Facing
pressure from all sides of the
community, Starr must find her voice
and decide to stand up for what's right.



## BETWEEN THE WORLD AND ME

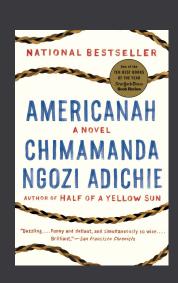
-Book By Ta-Nehisi Coates
It is written as a letter to the author's teenage son about the feelings, symbolism, and realities associated with being Black in the United States



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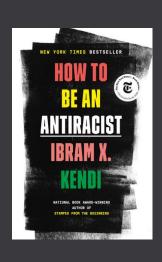
#### WHITE FRAGILITY

-Book By Robin DiAngelo In this in-depth exploration, DiAngelo examines how white fragility develops, how it protects racial inequality, and what we can do to engage more constructively.



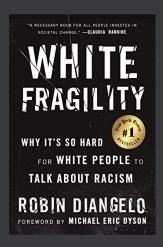
#### AUTOBIOGRAPHY OF MALCOLM X

-Book By Alex Hale and Malcolm X
Haley coauthored the autobiography based on a series of in-depth interviews he conducted between 1963 and Malcolm X's 1965 assassination.



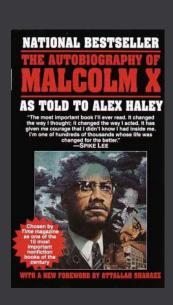
#### WHITE PRIVILEGE: UNPACKING THE INVISIBLE KNAPSACK

-Essay By Peggy McIntosh It covers 50 examples, or hidden benefits, from McIntosh's perspective, of the privilege white people experience in everyday life.



#### **AMERICANAH**

-Novel By Chimamanda Ngozi Adichie Americanah tells the story of a young Nigerian woman, Ifemelu, who immigrates to the United States to attend university



#### HOW TO BE ANTIRACIST

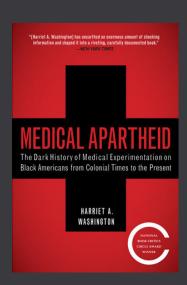
-Book By Ibram X. Kendi The book discusses concepts of racism and Kendi's proposals for anti-racist individual actions and systemic changes.



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#### I AM NOT YOUR NEGRO

-Documentary Based on the life of James Baldwin-In 1979, James Baldwin wrote a letter to his literary agent describing his next project, "Remember This House."



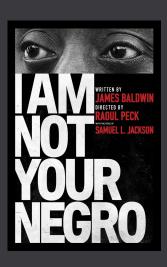
# STAMPED FROM THE BEGINNING: THE DEFINITIVE HISTORY OF RACIST IDEAS IN AMERICA

-Book By Ibram X. Kendi A 2016 non-fiction book about race in the United States.



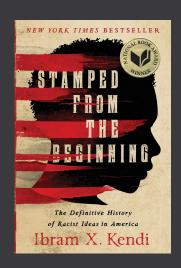
## IMMIGRATION NATION

-Documentary
A deep look at the state of U.S.
immigration, utilizing
unprecedented access to ICE
operations and moving portraits
of immigrants.



#### MEDICAL APARTHEID

-Book By Harriet Washington It is a history of medical experimentation on African Americans.



## THE MIGRANT STUDENT CLUB

-Podcast

Over 300,000 students in the U.S. migrate every year to work in agriculture, from spring to fall. At a high school in South Texas, when these students return, they gather at the Migrant Student Club to discuss their experiences and

get support from a migrant

student counselor.



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#### WHEN THEY SEE US

-Limited series
Based on events of the April
19, 1989, Central Park jogger
case and explores the lives
of the five suspects who
were prosecuted on charges
related to the sexual assault
of a female victim, and of
their families.



#### SHOW ME THE SCIENCE - "RACISM AS A PUBLIC HEALTH ISSUE" EPISODE

-Podcast
This episode of 'Show Me the
Science' focuses on racial
disparities in COVID-19, as well
as protests aimed at systemic
racism



## INTERSECTIONALITY MATTERS! - "UNDER THE BLACKLIGHT" SERIES

-Podcast Unearth the disparities and racism that the COVID pandemic laid out to bare.



#### THE 13TH

-Documentary
Explores the history of racial inequality in the United States, focusing on the fact that the nation's prisons are disproportionately filled with African-Americans.



## RACIAL HEALTH DISPARITIES: HOW COVID-19 MAGNIFIED A PUBLIC HEALTH EMERGENCY

-Podcast

Discusses what forces are driving the disparities in health care access, how physicians can work to acknowledge and address racism against Black Americans, and what the academic medicine community can do to address institutional and systemic racism

